

Boston Area School-Based Behavioral Health Collaborative

Overview of School-Based Behavioral Health Programs in Partnership with the Boston Public Schools

2014-2015



Summary of School-Based Behavioral Health Programs in Partnership with Boston Public Schools

Total Number of School- Based Behavioral Health Programs 15

Total Number of Partnering Boston Schools 96

Total Number of School- Based Behavioral Health Clinicians 163

Total Number of Full Time Employees 122

Total Number of School-Based Behavioral Health Trainees 58

Estimated Number of Staff Hours and FTEs by Agency

Agency	Number of Schools *	Total Hours on Site	FTEs
Arbour Counseling Services- Jamaica Plain	10	103	2.58
Alliance for Inclusion and Prevention	12	320	8.00
Brighton-Allston Mental Health Association	13	500	12.50
Boston Institute for Psychotherapy	15	318	7.95
Boston Public Health Commission School-Based Health Centers	9	355	8.90
Children's Advocacy Center of Suffolk County	0	-	-
Children's Hospital Neighborhood Partnerships	5	192	4.80
Children's Services of Roxbury	-	-	-
Children's Wellness Initiative- Franciscan Hospital for Children	5	332	8.30
City Connects	20	960	24.00
Communities In Schools	3	160	4.00
School Based Services at The Dimock Center	-	-	-
Family Service of Greater Boston	3	65	1.63
North End Waterfront Health	1	7	0.18
South End Community Health Center	1	92	2.30
The Home for Little Wanderers	40	798	19.95
Trinity Boston Counseling Center	1	128	3.20
Wediko Children's Services Inc.	24	552	13.80
Total	162	4882	122.06

**Schools may have multiple partners – currently 96 schools have partnerships with programs in the collaborative*

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Arbour Counseling Services- Jamaica Plain

Program Director: Ashley Anechiarico

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Program Description:

Specific Services Include:

- Individual, group, and family therapy
- Access to a psychopharmacological evaluation, if needed
- A systemic strength-based approach to addressing a student's therapeutic needs including family, school, and community partnering
- Identification of special needs including learning disabilities
- Consultations with parents and school personnel to adjust treatment plans and goals

Additional consultation is available for school administrators, school psychologists, and student support coordinators. Areas of consultation include, but are not limited to the following:

- Integrating special needs children into the mainstream classroom
- Classroom management
- Participation in team meetings

We bill through third party payers.

BPS Partners

Elementary

Bradley Elementary School
Greenwood (Elihu) Leadership Academy
Patrick J. Kennedy Elementary School

K-8

Roosevelt K-8

Middle & High

Charlestown High School
Community Academy of Science & Health
Dorchester Academy
Edwards Middle School
English High School
Snowden International School at Copley

Alliance for Inclusion and Prevention

Program Director: Lisa Baron

Phone: (617) 849-7419

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Program Description:

AIP's Connecting with Care (CWC) is a school/community collaboration to promote children's mental health. CWC integrates full-time mental health clinicians into Boston Public Schools to increase access and reduce stigma, demonstrating an innovative and cost-effective model for financing and delivering quality school-based mental health services.

AIP operates 3 out-of-school-time programs at the Frederick Middle school for students with significant risk factors impeding academic and behavioral health: A therapeutic afterschool program for 52 students, a summer learning program for 80 students and a weekly full-day Saturday program for 100 students.

AIP's Inclusion Day Program at the Irving Middle School provided intensive behavioral health services via individual, group, family, and classroom supports alongside BPS special needs teachers for 22 students. In addition, AIP provided behavioral health services to the LAB Cluster program at Irving, serving 16 students.

AIP's Prevention Program at the Irving Middle School includes a 3 hour therapeutic extended learning program for 38 students. Services include academic and homework support, therapeutic groups, sports and enrichment activities. AIP also trains and supports a school-wide Olweus Bullying Prevention Program, and provides 10 social work interns to provide individual and group counseling and milieu support for up to 100 students.

BPS Partners

Elementary

Adams Elementary
Holmes Elementary
Mattahunt Elementary
Quincy Elementary
Taylor Elementary

K-8

Boston Teachers Union K-8
Gardner Pilot Academy
McKay K-8

Middle

Frederick Middle
Irving Middle
Mario Umana Academy
Timilty Middle

Boston Institute for Psychotherapy

Associate Director: Fabina Cassanova

Phone: (617) 566-2200

E-mail: fcassanova@bostoninstitute.org

Program Description:

The School-Based Program is a program of the Boston Institute for Psychotherapy in collaboration with the Boston Graduate School of Psychoanalysis. Both organizations are non-profit and have over 35 years of experience in training mental health professionals. They also have a long-standing dedication to community outreach and serving the mental health needs of Boston area residents.

We have over 30 clinicians who considered themselves trained in a psychodynamic psychotherapy. By contracting our services through the insurance companies we are able to provide over 15 schools in the Boston area with individual, family and group counseling. The school setting also allows us to work closely with the teachers and school administrators to coordinate treatment. By engaging with the many relationships a child has, we are able to work with their entire network of supports and resources to increase the likelihood of a therapeutic outcome.

BPS Partners

Elementary

Beethoven Elementary School
Condon Elementary School
Guild Elementary School
Hennigan Elementary School
Mozart Elementary School
Otis Elementary School

K-8

Curley K-8 School
Hernandez K-8 School
McKay K-8 School
Ohrenberger K-8 School
Tobin K-8 School

Middle & High School

East Boston High School
Middle School Academy
Snowden International
Tech Boston Academy

Boston Public Health Commission School-Based Health Center

Director of Child and Adolescent Mental Health: Peter Rempelakis

Phone: (617) 534-2460

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Program Description:

The BPHC SBHC's provide mental health services within the context of a comprehensive school based health center. We have six centers serving 8 high schools and an additional 2 mental health clinicians serving schools in which we no longer have full health centers. Students are eligible for services with parents' consent to join the health center. The service is funded by the city and insurance status is not a barrier to care. In addition to individual, family and group treatment, our clinicians also provide consultation to schools, crisis management, trainings and professional workshops

BPS Partners

High School

Another Course to College
Boston Community Leadership Academy
Boston Latin Academy
Brighton High School
Burke High School
Charlestown High School
Madison Park Technical Vocational High School
New Mission High School
Snowden International School at Copley

Brighton-Allston Mental Health Association

Assistant Clinic Director: Yota Gikas

Phone: (617) 787-1901 x115

E-mail: ygikas@bamha.org

Program Description:

BAMHA is a diverse community mental health agency that has been servicing the Brighton/Allston community and surrounding areas for several decades. We are a program of the Italian Home for Children. We also have a satellite office, Family and Community Solutions in Dorchester to help serve more inner city families. Clinicians at BAMHA and FCS treat children ages four years and older, adolescents, as well as adults across the lifespan. We conduct individual therapy, group therapy, in-school counseling services, psychiatry, as well as families and couples work. Our clinicians come from various theoretical and clinical backgrounds. We hold a strong clinical training program for interns and practicum students from various mental health graduate programs in the Boston area. BAMHA clinicians work closely with our psychiatry team, as well as our CBHI service providers to enhance case management and care for their clients. We are currently conducting outreach therapy services in 14 different schools (13 public and one private) within the city of Boston. BAMHA is a site dedicated to servicing the needs of inner city families and their children.

BPS Partners

Elementary

Adams Elementary School
Bates Elementary School
Holmes Elementary School
Mattahunt Elementary School
Mendell Elementary School
Quincy Elementary School
Taylor Elementary School
Timilty Elementary School

K-8

McKay K-8 School
Gardner Pilot Academy

Middle & High School

Brighton High School
Irving Middle School
Mario Umana Academy

Children's Advocacy Center of Suffolk County

Director of Mental Health & Advocacy Services: Sharman Nathanson

Phone: (617) 779-2139

E-mail: sharman.nathanson@state.ma.us

Program Description:

Children's Advocacy Center of Suffolk County (CAC) is a public-private partnership agency responsible for coordinating intervention when reports of sexual abuse, serious physical abuse, and sexual exploitation are made. In order to coordinate a plan of action, the CAC works in a partnership with all the necessary agencies involved: Suffolk County District Attorney's Office, Police Departments of Boston, Chelsea, Winthrop & Revere, DCF, Pediatric Sexual Assault Nurse Examiner Program (Pedi SANE), and medical and mental health professionals. Specially trained forensic interviewers conduct interviews of children while the rest of the team observes behind a one-way mirror. The team provides the child/family with referrals for follow up services, including mental health, and addresses any safety needs. CAC services are provided at no cost to families.

Services:

- Trauma screening and free short-term trauma treatment (Child and Family Traumatic Stress Intervention - CFTSI)
- Family Advocacy: Outreach with child abuse victims/families or referred due to sexual behavior incidents
- Trainings

Additional Initiatives:

- SEEN (Support to End Exploitation Now): CAC coalition developed to enhance intervention for child victims of commercial sexual exploitation.
- CSAP (Child Sexual Abuse Partnership): Tasked to identify the unique needs of child victims of sexual abuse and their families and enhance a service delivery system to meet those needs.

Children's Hospital Neighborhood Partnerships

Program Director: Shella Dennerly

Phone: (617) 919-3201

E-mail: shella.dennerly@childrens.harvard.edu

Program Description:

For 13 years, the Boston Children's Hospital Neighborhood Partnerships (CHNP) program has placed social workers, psychologists and psychiatrists in schools and community health centers throughout underserved neighborhoods of Boston to provide a comprehensive array of behavioral health services to children and adolescents where they live and learn.

The overall goals of CHNP are 1) to increase access to children's behavioral health services; 2) to promote children's healthy social-emotional development; 3) to build the sustainable behavioral health capacity of partner organizations; 4) to promote systemic change in behavioral health service delivery; and 5) to provide services that achieve a high degree of satisfaction with all stakeholders.

In the 2013/2014 academic year, the CHNP School-Based Program provided clinical, early intervention, and prevention/promotion services to nearly 1,500 students, and provided 750 hours of training and consultation to 165 teachers and parents.

BPS Partners

Elementary

Sumner Elementary School

K-8

Joseph Lee School
Patrick Lyndon School

Middle & High School

Boston Arts Academy
Boston Latin School

Children's Wellness Initiative- Franciscan Hospital for Children

Program Director: Kristan Bagley Jones

Phone: (617) 254-3800 x3040

E-mail: kbagley-jones@fhfc.org

Program Description:

The Children's Wellness Initiative (CWI) is the community mental health program at the Franciscan Hospital for Children. CWI provides school-based counseling services at five Boston Public Schools. Individual and group counseling, clinical and psychiatric services, crisis intervention, case management and consultation to school staff. The CWI is a 12-month program, providing home visits and camp check in's with clients.

BPS Partners

Early Childhood & Elementary

Baldwin Early Learning Center
Winship Elementary School

K-8

Edison K-8 School
Jackson/ Mann K-8 School
Sarah Greenwood K-8 School

City Connects

Program Manager: Sara Pizzute

Phone: (617) 552-3168

E-mail: sara.pizzute@bc.edu

Program Description:

City Connects is an innovative school-based system that addresses poverty's impact on education by leveraging the services and resources of city community agencies. City Connects school site coordinators (masters level licensed school counselors/social workers/ mental health counselors) collaborate with teachers and school staff to identify the strengths and needs of every child. They then create a uniquely tailored set of intervention, prevention and enrichment services located in the school and community designed to help each student learn and thrive. By addressing the in-and out-of-school factors that impact children, we help students succeed in school. School site coordinators also facilitate student support teams in schools, follow-up to assure service delivery and effectiveness, run social skills groups, work with families, and much more. Developed as a collaboration among Boston College, Boston Public Schools, and community agencies, City Connects is now implemented in 62 public and private schools.

BPS Partners

Elementary

Bates Elementary School
Chittick Elementary School
Clap Innovation School
Greenwood Leadership Academy
Holmes Elementary School
JFK Elementary School
Mason Elementary School
Mendell Elementary School
Quincy Elementary School
Shaw Elementary School
Winship Elementary School
Winthrop Elementary School

K-8

Edison K-8 School
Eliot K-8 School
Gardner Pilot Academy
Greenwood (Sarah) K-8 School
Jackson/ Mann K-8 School
Mission Hill K-8 School
Orchard Gardens K-8 School

Middle & High School

Quincy Upper School

Communities In Schools

Director: Emily York McConarty

Phone: (617) 943-4145

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Program Description:

The mission of Communities in Schools (CIS) is to surround students with a community of support, empowering them to stay in school and achieve in life. As the nation's leading dropout prevention and integrated student services program, CIS supports schools by removing non-academic barriers to success so that students can focus on learning and teachers can focus on teaching. Master's level CIS site coordinators work inside partner schools full time to coordinate services for the students most at risk of dropping out and implementing school wide prevention services for all students. CIS adds value to existing community providers by ensuring that the right students receive the right services at the right time – strengthening partners and providing a clear path for students and families navigating a chaotic web of services. Examples of services coordinated by CIS include mental health, housing, mentoring, tutoring, jobs, health, food, clothing, and family support. The CIS model is an evidenced based approach to decreasing dropout rates and increasing graduation rates. CIS funding includes federal, district, and school level funding, cooperate and foundation support.

BPS Partners

Middle & High School

Burke High School

English High School

McCormack Middle School

Family Service of Greater Boston

Chief Executive Officer: Randal Rucker

Phone: (617) 523-6400

E-mail: rrucker@fsgb.org

Program Description:

Provides a range of mental health services to support children, adolescents, adults, and families who have experienced hardship and to help them effectively cope with personal circumstances. Clinicians provide practice support through individual, family, couples, and group therapy. Services are provided at home, in school, out in the community, and at the outpatient clinic depending on the child and family's needs.

BPS Partners

K-8

Murphy School K-8

Middle & High School

Boston Latin Academy
Frederick Middle School

The Home For Little Wanderers

Assistant Program Director School Based Program: Cara Giovanoni

Phone: (617) 469-8553

E-mail: cgiovanoni@thehome.org

Program Description:

The CFCC School Based Program provides outpatient therapy services to children and adolescent clients across 40+ school sites in the Boston area. The child's insurance is utilized to bill for these outpatient services. By involving themselves and their family with The Home it opens up the door to obtain other services such as in-home family therapy, therapeutic mentoring, and intensive care coordination or family partners via CBHI. We are excited to begin using DMH flexible support contract to provide psycho educational groups within the school settings.

BPS Partners

Elementary

Channing Elementary School
Chittick Elementary School
Conley Elementary School
Dever Elementary School
Everett Elementary School
Haley Elementary School
Harvard Kent Elementary School
Henry Grew Elementary School
Greenwood (Elihu) Leadership Academy
John F. Kennedy Elementary School
Kenny Elementary School
Lee Elementary School
Manning Elementary School
Mason Elementary School
Mather Elementary School
Mattahunt Elementary School
Nathan Hale Elementary School
Philbrick School
UP Academy Holland
UP Academy Dorchester
Sumner Elementary School
Trotter Elementary School

K-8

Boston Teachers Union School K-8
Curley K-8 School
Joyce Kimler K-8 School
Martin Luther King K-8
Tobin K-8

Middle & High School

Boston Community Leadership Academy
Boston Day & Evening Academy
Charlestown High School
Dearborn Middle School
Dorchester Academy
English High School
John D O'Bryant School of Math & Science
McCormack Middle School
New Mission High School
Rogers Middle School
Roosevelt School
TECH Boston Academy
Urban Science Academy

North End Waterfront Health

Program Director: Maggie Leblanc

Phone: (617) 643-8083

E-mail: mleblanc@partners.org

Program Description:

NEWH, in collaboration with the Eliot School and City Connects, provides counseling services to students of the Eliot School. Services may take place either in the school itself or at the clinic. Parents are an integral part of the treatment, and included in every step of the treatment process. A student's health insurance plan is billed for the visits and any co-payments are billed to the parent through NEWH. The health center also has a satellite health center based in Charlestown High School. Behavioral health services are offered on site as well. The collaboration at Charlestown High School operates in a similar manner in regard to billing, parent contact, and collateral contact. At NEWH@CHS all services are provided on the premise.

BPS Partners

K-8 School

Eliot K-8 School

South End Community Health Center

School Based Mental Health Coordinator: Sarah Casilli

Phone: (617) 587-1900 ext:7423

E-mail: scasilli@sechc.org

Program Description:

The South End Community Health Center partners with four different Boston Public Schools to provide individual and group counseling services. The four schools that the clinic partners with are Blackstone Elementary School, The Hurley School, Muniz Academy and Newcomers Academy. The school-based clinicians conduct intake assessments with the students' families in order to gather comprehensive background information and they gather up to date information from students' teachers regarding presenting concerns. The South End Community Health Center also provides two professional development workshops to the teachers at the Blackstone School regarding students' mental health needs. The funding structure for the school-based counseling services are through the Department of Public Health, Department of Mental Health, insurance reimbursement, and a few of our partnering schools provide funding to the South End Clinic.

BPS Partners

Elementary School

Blackstone Elementary School

Trinity Boston Foundation

Director: Nate Harris

Phone: (617) 536-0944

E-mail: nharris@trinityinspires.org

Program Description:

Trinity Boston Foundation's Integrated School-Based Model, called "Trinity@DMC" is a community-wide, systemic response that fosters collaboration between caring adults to increase student attendance. When families, schools and community-based organizations work together to make school a safe, supportive and fulfilling place to be, attendance rates improve.

This model seeks to impact both the student and the overall health of the school by engaging students on our caseload, partnering with teachers and administration, and joining with other school partners such as City Year.

Trinity has placed two Life Success Coaches, one clinician and one clinical manager at the DMC. Working in close partnership with the school principal and staff, this team engages a caseload of nearly 36 students identified as having chronic challenges with school attendance and being at high-risk for dropping out of school.

The program is grant funded.

BPS Partners

Middle School

McCormack Middle School

Wediko Children's Services Inc.

Director: Michael J. Clontz

Phone: (617) 292-9200

E-mail: mclontz@weidko.org

Program Description:

Wediko's School-Based Services provides school-based individual, group, and family therapies. Wediko also provides programmatic and clinical consultation for alternative education and specialized school settings. Most services are funded by contracts with schools or districts.

Wediko partners with public schools and school districts to promote the inclusion and success of students who face multiple barriers to learning. Having been "on the ground" with school staff for three decades, we understand the challenge of creating learning communities, which promote the growth and development of staff and students alike. Using an approach informed by how trauma impacts learning and tiered systems of support consultants and clinicians work with school leaders to assess each school's needs and to develop a strategy for action. The starting point for consultation may be an individual student, or a targeted sub-group/school issue (e.g. bullying, transitions that are disorganized or ineffective, or classrooms that are not spending adequate time on learning). Wediko consultants offer expertise that often addresses both the original concern, as well as the needs of the larger school. Close collaboration with school staff, families, and other service providers helps to support positive environments in which children can feel safe to grow and achieve success.

BPS Partners

Elementary

Beethoven Elementary School
Channing Elementary School
Ellis Elementary School
Harvard-Kent Elementary School
Manning Elementary School
McKinley Elementary School

K-8

Edison K-8 School
Greenwood (Sarah) K-8 School
Murphy K-8 School
Ohrenberger K-8 School
Young Achievers Science & Math Pilot K-8

Middle & High School

Boston Latin Academy
Brighton High School
Burke High School
Dearborn School
Dorchester Academy
East Boston High School
English High School
Excel High School
McCormack Middle School
McKinley South End Academy
McKinley Preparatory High School
McKinley Middle School
O'Bryant School of Math and Science